

Great Women of the Faith

28

“Only One Thing Is Necessary” Luke 10:38-42

FOR CHILDREN:

Try a challenge: First draw a figure “8” in the air with one hand. Okay! Put that hand down and now lift your foot on the same side and draw a clockwise circle in the air with your foot. Great! One thing at a time is easy, but try doing both at the same time. That’s going to take some practice isn’t it? Read Luke 10:38-42. Martha was busy doing a lot of things (*she could probably have easily handled the challenge above*). But Mary was focused on one thing alone that was better – following Jesus. There can be a lot of distractions in life, but when we put listening to and following Jesus first, everything else will fall into place and we will have peace!

Weekly Affirmation:

*I Need My Time
At Jesus’ Feet*

Weekly Memory Verse:

“But the Lord answered, “...You are worried and distracted by many things; but only one thing is necessary;”

Luke 10:41-42

FOR THE GROWING CHRISTIAN:

Read again Luke 8:11-15, then Luke 10:38-42. Martha (*even as a steady a faithful disciple of Jesus*) had let the distractions of life pull her away from sitting at Jesus’ feet, from listening to the good Word of her Lord. Martha was worried and distracted by many things, and it was choking out the better thing: time with Jesus – connecting, listening, learning, letting Him shape her life. Martha’s choice to take her focus off of her Lord brought her a negative attitude, reduced patience, and anxiety. All she needed for peace in her life was to put Jesus first. All other tasks would find their place after that. Spend time truly connecting with Jesus this week. With humility ask Him to reveal what you have been putting before Him, and ask Him to help you shift your priorities to where He is first. That is where you will find peace, strength, and joy!

FOR THE MATURE CHRISTIAN:

Read Luke 18:1-8. Jesus is teaching His disciples (*then and now*) that prayer must be with perseverance as well as humility (*18:9-14*). Some have read this parable too quickly and think that God is like the judge – eventually worn down by our prayers until He grudgingly concedes to our wishes. But what Jesus reveals is the opposite! The judge is anti-God and anti-people. He is not at all interested in the widow; she has no influence for him to take advantage of, nor wealth to bribe him. But the widow is persistent in her pursuit for justice, and so the judge eventually gives in to her request. If an evil judge eventually hears the supplication of a “nobody,” how much more does the compassionate Father hear the prayers of His dearly loved children, and move to provide, protect, and rescue them? Of course, God’s timing will not always be what we expect or desire, but we must trust that He hears and cares. Furthermore Jesus ends the lesson by challenging His listeners throughout the ages to display that kind of persevering trust and faith. Will He find it in you?

July 2025 Growth Goals

- 🕯 Read the Book of Luke.
- 🕯 Watch the Bible Project video on the Book of Luke (*available on the website*).
- 🕯 Memorize one of the weekly memory verses.
- 🕯 In prayer consider those individuals to whom you need to offer or ask forgiveness. Then let God guide you in whether it would be helpful & honoring to express that forgiveness.