

# O Come, Let Us Adore Him!

47

## KING AND GOD AND SACRIFICE

### PSALM 40

#### FOR THE GROWING CHRISTIAN:

In Psalms 25-40 there is a concentration of the idea of waiting for the Lord. Waiting for God is an act of trust. Waiting can mean being silent and doing nothing for a moment. Waiting can also (and often) mean continuing to live the way God asks us to in His Word while we wait for our prayers to be answered.

Prayerfully consider the following benefits of "waiting."

**Psalm 25:3** - You will never regret waiting for God to act or to guide you in His wisdom.

**Psalm 27:14; 31:24** - Waiting on God is a courageous act.

**Psalm 33:18-22** - God is not distracted, He knows exactly what's going on. Trust Him as your shield.

**Psalm 37:7-9, 34** - Waiting and doing things God's way will give you peace, and will put you in the winning position in the end.

**Psalm 40:1-3** - Waiting can take a long time. Keep trusting God's way, and you will see Him come through for you!

#### FOR THE MATURE CHRISTIAN:

Read Psalm 40:1-3. When scripture uses the phrase "new song" it is always in reference to God's acts of deliverance. Consider checking out some of the following moments in scripture where new songs were sung to praise and thank God for intervening in the lives of His people: Exodus 15:1-21; Numbers 21:17-18; Judges 5; 1 Samuel 2:1-10; Luke 1:46-55; Revelation 5:9-10. What have you learned about God? Consider also looking up the lyrics to your favorite Christmas carol(s) or hymn(s) - specifically those verses that are often skipped. It can be a different experience to read through the stanzas without the pressure of the music pushing you forward. Spend some time contemplating the scriptural truth behind the words. Then compose a "new song" of your own. You don't have to sing, just say a thoughtful prayer thanking God for the many ways He has delivered you throughout your life.

### December 2024 Growth Goals

- ✦ Read at least 50 Psalms.
- ✦ Memorize one of the weekly memory verses.
- ✦ Watch the Bible Project videos on the Book of Psalms (available on the website).
- ✦ Plan for a moment alone in prayer or to read a memory verse before each "event" this month (party, concert, family get-together, etc.).

#### FOR CHILDREN:

Read Psalm 40:1-3. David wrote many psalms after experiencing God's blessing and rescue in his life. You can compose your own psalm too! Just start small with the following parts: 1.) Choose a title for God that refers to His glory or goodness (e.g. *Almighty, Holy, Savior, Refuge, etc.*). 2.) Thank God for blessing you in a past event (e.g. *healing after sickness, comfort when you were sad, etc.*). 3.) A favorite promise of God from scripture. Here are a few: Phil. 4:6-7; 4:19; Isaiah 40:29-31; Rom. 8:28 (or search for others with your family). Now, put the parts together in a prayer, and end with the words "so I will trust in You!"

#### WEEKLY MEMORY VERSE:

"May all who seek You rejoice and be glad in You; May those who love Your salvation continually say, 'The Lord be exalted!'"

PSALM 40:16

#### WEEKLY AFFIRMATION:

*Jesus Came to Earth for Me!*