

# PROTECTING THE LORD'S CHURCH

## PROTECT YOURSELF

1 TIMOTHY 4:6-16, 5:23

### for **Children:**

Read Luke 2:41-49 and Mark 1:35-36. Notice that Jesus put His relationship with God the Father as a first priority. Jesus had very important work to do while He was on Earth, but He would not have been able to do it if He didn't commit Himself first to His Father. When Paul writes Timothy he tells him to care for his relationship with God first, then he will be ready and able to minister to others. Try praying to God about your day while you brush your teeth in the morning & evening. Care for yourself physically & spiritually!

### for the **Mature Christian:**

Read 1 Timothy 4:16 & Matthew 7:1-5. There are non-believers to whom we have been commissioned by Christ to evangelize. There are also children and Christian brothers & sisters under our care to whom we are called to correct and encourage with God's Word. If we had to be perfect to fulfill these responsibilities, nothing would ever get

done. Thankfully, we don't have to be perfect. Rather, first, we look to the health of our own relationship with God. Then, in the words of a great counselor, "connect to correct." As our understanding and experience of God's compassion and grace grows, winning the lost & encouraging the saved will naturally follow.

### for the **Growing Christian:**

Read through the following scriptures and spend some time considering God's design for the physical side of our human body.

**Genesis 1:26-31 - Romans 12:1-2 - Colossians 3:1-5, 3:17 - 1 Corinthians 6:13, 6:19-20, 9:27, 10:31**

God knew exactly what He was doing when He created human beings to be both physical and spiritual. God's creation and design of the human body was and is good. When Adam & Eve introduced sin into God's good creation it not only affected the spiritual, but the physical as well, most notably through death. Yet God always knew the end would be new, glorified bodies that would never again be plagued by fatigue, pain, sin, or death!

In the meantime God wants us to enjoy (but not abuse) the good creation of our physical nature - taste, touch, hearing, seeing, smelling, eating, affection, working, exercising, etc., all blessings from our good God. Just be sure that you remember that the physical cannot be separated from the spiritual, and that is God's good design!

### WEEKLY MEMORY VERSE:

"Pay close attention to yourself and to the teaching; persevere in these things, for as you do this you will save both yourself and those who hear you."

**1 Timothy 4:16**

### JULY 2024 GROWTH GOALS

- Read the Book of 1 Timothy
- Memorize one of the weekly memory verses
- Watch the Bible Project video on the Book of 1 Timothy (*available on the website*).
- Pray 15 minutes each week for the upcoming Sunday Bible Classes & Worship Assembly.

### WEEKLY AFFIRMATION:

**First, How  
Is My  
Relationship  
with God?**

