

<https://www.youtube.com/watch?v=IKfk5lbLqHw>

Talk with your family or friends about a goal you would like to set in reading and/or memorizing scripture this summer.

God gave me
His armor!

Make sure you've got God's armor on today: Read through Eph. 6:10-18, and spend some time in prayer being intentional about each piece: **Belt of Truth** - God's Truth is found in the Bible. What is your plan for increasing Bible study this year? Also, read Matt. 5:33-37, continue seeking to live honestly before yourself and others. **Breastplate of Righteousness** - Read Rom. 8:1 & 1 Pet. 1:14-16. If you have been immersed into Christ, God sees you with His righteousness. Now we respond by living holy lives by God's power. **Gospel Shoes** - The truth of forgiveness in Christ should bring us confidence. It is also our task to carry that good news of peace with God to others. **Shield of Faith** - Read 1 Cor. 10:13. Trust God in the midst of the flaming arrows of temptation. And don't forget to build a shield wall with your brothers/sisters. **Helmet of Salvation** - God has pledged to finish the work of salvation that He has already begun in you (Eph. 1:13-14). Resolve to overcome all attacks by God's power. **Sword of the Spirit** - Scripture is our offense. What is your plan for increasing Bible study this year?

Read Ephesians 6:10-20 again, with a focus on vv.18-20. Though unnamed as a weapon, Paul seems to consider prayer like the sword of the Spirit – a weapon that can be used both for offense and defense.

How can you sharpen the edge of your prayer life? How can you “temper (harden, fortify) the metal” of your prayer life? Which brothers/sisters in Christ need your prayers today? Let them know that you are lifting them up today, and consider what part God might be calling you to play in the answering of your prayers for them.

Paul asked the Ephesians to support him in prayer that he might continue to preach boldly despite being in chains. What prayer requests do you have for yourself? Be sure to ask your brothers/sisters in Christ to pray for you as well.

...be strong in the Lord
and in the strength of His might.

May 2024 Growth Goals

- Read the Book of Ephesians
- Memorize one of the weekly memory verses
- Watch the Bible Project video on the Book of Ephesians *(available on the website)*.
- Invite at least one person to weekly assembly.